

FAQ

OLHSA Cares Financial Coaching



Why should I meet with a coach right now?

- You may have experienced a loss of income
- You need someone to help you uncover limiting beliefs around money
- You need a personalized plan based on your situation, not a cookie-cutter solution
- You feel overwhelmed by money and want to stop worrying about your future
- You want to create another income stream
- You want to communicate better with your partner about money
- You need a spending plan you can stick to
- You need accountability and someone to talk to about money

Do any of the above reasons sound familiar? Financial coaches work with clients one-on-one to establish and reach personal financial goals and navigate periods of financial uncertainty. While financial coaching is not new, keeping your finances in order during a pandemic has created a much higher level of stress and need for urgency. Take some time today to talk to someone who is experienced, and can help you navigate all of the new changes and planning tools.

What can I expect from a coaching session?

Coaching sessions are confidential and are conducted via telephone. Using time-tested tools that promote financial wellness, our coach has years of experience walking participants through their financial matters and building their confidence along the way.

Will I be forced into using any financial products?

OLHSA does not promote specific financial products or financial institutions. Your coach may discuss certain savings tools available online or via smart phones, as a way to offer solutions to a problem you may be experiencing.

Can I still apply even if I don't live in Oakland or Livingston County?

At this time, only residents of these two counties may apply and receive coaching. However, you may utilize our free tools at the main website and register for free financial wellness webinars.

What if my household makes more than the specified income requirement?

Please contact Kadeja Roberts (kadejar@olhsa.org) as there may be other funding sources to allow for coaching sessions.